

## LOCAL FAMILY RESOURCES

ORGANIZATION	PHONE	ADDRESS	INFORMATION
<b>FOOD</b>			
Catholic Charities Clara	(508)765-5936	79 Elm Street, Southbridge	Open Monday, Wednesday and Friday 10am – 11:15 am. Must bring photo ID, social security numbers for each family member.(6 X year)
St. John Paul 2 <sup>nd</sup> Parish		Hamilton Street	Tuesday 3-5pm, Thursday 10-12 –call the day before so they know how many are coming (1X month) Bring SS card and utility bill
Center of Hope	(508)764-4085	40 Optical Drive, Southbridge	Open Thursday 10am – 1pm. Bring social security numbers for each family member.
St. Anne’s Church	(508)347-9353	16 Church Street, Fiskdale	Food vouchers offered as needed
St. Mary’s Church	(508-765-0245)	263 Hamilton St., Southbridge	Tues. 3-5pm Thurs. 10-12pm
Transitional Assistance	(508)765-2400)	1 North Street, Southbridge	Food Stamps
Wales Senior Center	(413) 245-9683	85 Main Street	Tri-town food pantry that serves Brimfield, Holland & Wales
Unitarian U. Parish	(413) 267-3152	Monson, MA	Offers a weekly meal
St Michael’s Church	(508)765- 5276	16 Romanian Ave, Southbridge	Community Meal-1 <sup>st</sup> and 3 <sup>rd</sup> Thursdays
<b>CLOTHING</b>			
Catholic Charities	(508)765-5936	79 Elm Street, Southbridge	Each family member may receive 4 outfits each season Boutique open 9-2 Tuesday
Sacred Heart Flea Market		Hamilton Street	Monday 9-1 and Saturday 9-1 – small fee
<b>HOUSING</b>			
Southbridge Housing Authority	(508)765-5858	60 Charlton Street	
Sturbridge Housing Authority	(508)347-7575	Sturbridge Town Hall	
Worcester Shelter	(508)757-8332	701 Main Street, Worcester	Families call for an intake and are accepted if room available
Abby House	(508) 756-5486	52 High Street Worcester	Provider of affordable housing specifically designed to meet the needs of women and children
<b>Fuel Assistance</b>	(508)754-1176	Worc. Comm. Action Council	
<b>Medical Assistance</b>	(See attached document)		
Children’s Medical Security Plan	1-800-909-2677	<a href="https://www.cmspkids.com">https://www.cmspkids.com</a>	1-888-665-9993 Enrollment Application
Harrington Memorial Hospital	(508)765-9771 Ext. 2817/2842	46 Oakes Ave., Southbridge	Assistance offered in applying for medical insurance. Call for an appointment.
Baystate/ Mary Lane Hospital	413-967-2250	85 South Street Ware	Assistance offered in applying for medical insurance. Call for an appointment.
Wing memorial Hospital	413-284-5540	40 Wright Street Palmer	Assistance offered in applying for medical insurance. Call for an appointment.
UMASS/Memorial	508-334-9300	Lake Street, Worcester	Assistance offered in applying for medical insurance. Call for an appointment.
Mass Health	1-800-841-2900	<a href="http://www.mass.gov/eohhs/gov/departments/masshealth/">http://www.mass.gov/eohhs/gov/departments/masshealth/</a>	Member Benefit Application for: Mass Health, Commonwealth Care, Health Safety Net
<b>DENTAL CARE</b>	(See attached document)		
Southbridge Family Dentist	(508)765-0880	305 Main Street, Southbridge	Dr. Rubin accepts Mass Health insurance for dental care
Mass Health Dentist	(800)207-5019	<a href="http://masshealth-dental.net/memberservices/FindProvider.aspx">http://masshealth-dental.net/memberservices/FindProvider.aspx</a>	Find Mass Health Provider in your area
<b>EYE CARE</b>			
Dr. Leonard Digregorio	(508)764-2517	39 Elm Street, Southbridge	He is connected to the Lion's Club and can help with discounted eye exams and glasses
Lions Club	(508)765-9501	Sturbridge, MA	Letter needs to be sent to the Board of Directors Arnold Beeman      Robert Briere Box 711                      50 Arnold Road Sturbridge01566      Fiskdale, MA 01518
<b>BEHAVIORAL</b>			
Norm Tonelli	(508)867-4451	62 Ware Street, West Brookfield	Counseling Services
Wells Human Services	(508)765-9101	29 Pine Street, Southbridge	Counseling Services
Griswold Center	(413)284-5285	42 Wright Street, Palmer	Counseling Services
CBHI web publications:	<a href="http://www.gov/masshealth/cbhi">www.gov/masshealth/cbhi</a>	Children’s Behavioral Health Initiative	Helping families access home and community-based behavioral health services
Mass Support Network	(885)915-8047	<a href="mailto:teamleader@riversidecc.org">teamleader@riversidecc.org</a>	Crisis counseling, stress management, coping skills
Department of Transitional Assistance	(508)765-4200	1 North Street, Southbridge	Assistance with all of the above categories

## 2012 Health Insurance Information

### HEALTH HELPLINE – 1-800-272-4232

The Health Helpline provides information and assistance to people who have questions, complaints or problems with the health care system. It will answer your questions, provide you with information and can refer you to appropriate health care resources. Helpline counselors are available by telephone between 9AM and 5PM on Mondays through Fridays. If you call outside of these hours, make sure that you leave your name and number and someone will get back to you. This telephone service is free. For evening and weekend help, use the Helpline Online by going to their website at [www.hcfama.org](http://www.hcfama.org). **They will provide information:**

#### Especially for Families and Children

- MassHealth Standard
- Mass Health Family Assistance
- Children's Medical Security Plan

#### Especially for Uninsured Adults

- Commonwealth Care

#### Especially for Unemployed Adults

- MassHealth Essential
- MassHealth Basic

#### Especially for Pregnant Women

- MassHealth Prenatal
- Healthy Start

#### Especially for People with Disabilities

- MassHealth Common Health

#### Especially for Immigrants

- MassHealth Limited

#### Especially for Small Businesses

- The Insurance Partnership

#### What if you cannot get one of the above programs?

- Health Safety Net or Health Safety Net Partial (deductible)

### Harrington Memorial Hospital Financial Counselors Program

Harrington Memorial Hospital of Southbridge, MA provides a free service to help people in the area who have no health insurance. You can apply for Mass Health, Commonwealth Care, or Health Safety Net. We can assist you with an application online, and send it directly to your Enrollment Center for processing today.

**Drop in for service....**Go to the Financial Counselor area in the Hospital Lobby from 8:00am to 4:00pm and ask to sit with one of our Financial Counselors. She will complete your application online, and the same day it will be sent, and received at the Enrollment Center for processing.

**Call ahead for service...**Call Carol, at 508-765-9771 ext 3156, or Lisa ext 6493, for an appointment to sit and complete an application. They will give you the information you need to bring with you.

**Do it yourself....**Call the Hospital at 508-765-9771 ext 3134, and ask for an application to be mailed to you. NOTE: an application you complete and mail could take as long as 6 to 8 weeks to process. \*\*Some applications will require proof of income and photo I.D. Please call 508-765-9771 ext 3134 with any questions.

### Wing Memorial Hospital Financial Counselors Program:

Wing Memorial hospital of Palmer, MA provides a free service to help people in the area who have no health insurance. You can apply for Mass Health, Commonwealth Care, or Health Safety Net. We can assist you with an application online, and send it directly to your Enrollment Center for processing.

**Appointments required....**Financial Counselors are available for appointments Monday-Friday 8:30am to 4:30 pm. Financial counselors will complete your application online via the Virtual Gateway system, and submitted electronically to the Mass Health Enrollment Center, for most customers the same day. Please call 413-284-5540 or 413-668-1323 to schedule an appointment, the counselors will inform you of the necessary documents required to be brought with you to your appointment.

**Do it yourself....** Call the Hospital at 413-284-5540 or 413-668-1323 and ask for an application to be mailed to you.

NOTE: An application you complete and mail yourself could take as long as 2 to 4 weeks longer to process than a Virtual Gateway application done on line. \*\*Mailed or online applications require proof of income, photo id, and proof of citizenship (birth certificate).

### Baystate Health Financial Counselors Programs:

**Applying for Financial Assistance -** If you are uninsured or underinsured, Baystate Health will work with you to apply for available financial assistance programs that may cover unpaid hospital bills. There are a variety of federal and state programs available, as well as financial assistance through Baystate Health.

**What do I need to provide to apply for assistance?** • Annual household income information (payroll stubs, records of any Social Security payments, a letter from your employer, tax returns, and pension and/or retirement IRA information).

• Proof of citizenship and identity (photo ID and birth certificate or passport). If you are not a U.S. citizen, please bring proof of immigration status, if available. (Additional information may be required.)

**It is very important to respond to any requests for financial information to be considered for assistance.**

Baystate Health financial counselors are available to help you from 8 a.m. to 4 p.m., Monday through Friday by calling:

#### **By calling:**

Baystate Medical Center 413-794-2452  
Baystate Franklin Medical Center 413-773-2725  
**Baystate Mary Lane Hospital** 413-967-2250

#### **Drop-in's welcome:**

Wesson Women's Drop-In Clinic: 794-2785  
Mason Square Drop-In Health Center: 794-1367  
Brightwood drop-In Health Center: 794-1368

**UMASS/Memorial Financial Counseling**

UMass Memorial Medical Center is committed to providing quality health care services to everyone, regardless of financial situation. Patients with limited or no health insurance, or those on a fixed or limited income, are encouraged to speak with our financial counselors, who can provide information on state and federal programs available to help fund health care services. Learn more about how to enroll in one of the states free or low-cost health insurance programs. **Patient Financial Services** is open Monday through Friday, 8 am to 4:30 pm. To make an appointment or to obtain more information, e-mail or call 508-334-9300.

**About Free or Low-cost Health Insurance**

**You need health insurance?**

Our financial counselors can help by enrolling you in one of the states free or low-cost health insurance programs. Call 508-334-9300 and speak to a financial counselor. Or fill out the EZ Screening Form and a financial counselor will contact you.

You and your family may be able to get free or low cost health insurance, even if you work. Commonwealth Care covers what you need to take care of your health including:

- Doctor's visits
- Hospital care
- Prescription medicines
- Vision care and eyeglasses

**UMass Memorial health insurance counselors can:**

- Explain the programs and answer questions
- Fill out the paperwork
- Help you choose the insurance plan best for you
- Help you pick your doctors
- Help you qualify for insurance coverage

# Free or Reduced Cost Clinics

## **Pioneer Valley Free Health Services**

281 Maple St.  
E. Longmeadow, MA  
Wednesday evenings only 6:30 – 8:30 PM  
Walk-in

## **College Church Free Clinic**

48 Palmoroy Terrace  
Northampton, MA  
Tuesday evenings only 7:00 – 8:30 PM  
Walk-in

## **Greater Westfield Free Health Services, Inc.**

46 Main Street  
Westfield, MA 01085  
562-2040  
Wednesday evenings only 6:00 -8:00 PM

## **New Hope Community Health Clinic**

915 Plumtree Road  
Springfield, MA 01119  
782-5219  
Tuesday evenings only 6:30 – 9:30 PM  
By appointment (preferred)/Walk-ins welcome

## **Holyoke Health Center \*\* sliding fee scale**

30 Center St.  
Holyoke, MA  
536-8761  
Monday- Friday 8:30 – 4:30 PM/Appointment necessary

## **Caring Health Center \*\* sliding fee scale**

1145 Main St.  
Springfield, MA  
739-1100  
Monday – Friday/Appointment necessary

## **Chicopee Health Center \*\* sliding fee scale**

203 A Exchange St.  
Chicopee, MA  
420-2222  
Monday – Friday/Appointment necessary

## **Springfield Southwest Community Health Center**

532 Sumner Ave.  
Springfield, MA  
737-2286  
Monday, Tuesday, Thursday, Friday 9:00 -5:00 PM  
Wednesday 1:00 -7:00 PM Appointment necessary  
**Dental Services** available onsite

## **Western Mass Hospital, Dental Clinic**

91 East Mountain Rd.  
Westfield, MA  
562-4131  
Monday – Friday 8:30 – 4:30 PM

Services: Cleanings, fillings, x-rays and extractions. There is a sliding fee scale for those without dental insurance. Income verification needed.

