

Tips for Protecting your Kids from Addiction

On March 14, 2016 Governor Charlie Baker signed legislation into law to address the deadly opioid epidemic plaguing the Commonwealth. The bill is titled *An Act relative to substance use, treatment, education and prevention*. This new law includes multiple provisions including a 7-day limit on every opiate prescription for minors (with certain exceptions), a mandate for a verbal screen for substance use disorders in students and a requirement that information on opiate-use and misuse be disseminated to all students participating in an extracurricular athletic activity prior to their athletic season. This information can be found at our sports concussion website (www.mass.gov/sportsconcussion) at

<http://www.mass.gov/eohhs/gov/departments/dph/programs/community-health/dvip/injury-prevention/substance-use-disorder.html>. Here you will find information on substance use and misuse, where to get help for your child, resources and a link to the Dept. of Public Health Bureau of Substance Abuse Services. Please make sure prior to every sports season that this educational information is distributed to all student athletes and their parents participating in extracurricular sports. Also, trainings for school health personnel in screening for substance use are currently underway and your school health personnel are encouraged to attend one of these free programs provided by the Department of Public Health. Please see the schedule posted on www.neushi.org for more information related to these programs.

In accordance with the STEP Act TRSD requires BOTH the Parent/Guardian and Student-Athlete to sign all necessary sections listed below.

- I have read and understand the “Tips for Protecting Your Kids from Addiction” pamphlet.
- I have reviewed the online materials posted from the Dept. of Health.

Student-Athlete Name: _____

Sport: _____

Parent/Guardian Signature: _____

Student-Athlete Signature: _____